



Ballygawley Early Years Playgroup

Sun Care Policy

Ballygawley Early Years Playgroup recognises both the benefits and problems that sun exposure brings. In order to safeguard the children in our care the Playgroup has developed a number of procedures for staff and parents to follow.

Procedure

1. All parents/guardians will be asked to read and sign sun care policy, prior to starting Playgroup. For children with specific health problems, an individual plan and policy will be formulated, and all staff made aware.
2. All parents/guardians will provide a bottle of sun cream for their child, which will be labelled and placed in each child's drawer. We as a Playgroup recommend a sun cream with SPF 50 or higher.
3. Parents/guardians will apply sun cream to their child prior to attending Playgroup session and ensure clothing is suitable, e.g. sun hat and sun glasses.
4. During hot weather staff will ask every parent/guardian if sun cream has been applied prior to attendance.
5. If sun cream has not be applied it is staff's duty to ensure that adequate amount of sun cream is applied, and that the child remains inside for 15 minutes prior to sun exposure to ensure protection is adequate.
6. Staff will assist the children when putting on additional sun cream if and when it is required.
7. Staff will provide plenty of liquid refreshment and ensure these are given at regular intervals.
8. While on duty, staff are encouraged to practice sun-safety principles/strategies to serve as good role models for children.



Ballygawley Early Years Playgroup

This policy was adapted at a meeting of our playgroup held on the 1st September 2026.

Monitoring

This policy will be reviewed annually by the management team to ensure it remains fit for purpose.

This policy was reviewed by the Ballygawley Early Years Management Committee on:

Date: 01/09/2026

Signed:
(on behalf of the Management Committee)

Name and Position: Iona Devine, Chairperson

Reviewed on:

Date: Signed:..... Position:.....

Date: Signed:..... Position:.....

Date: Signed:..... Position:.....

This policy links with the following policies;

- Safeguarding Children and Child Protection policy
- Management of Medicines policy